

Cedarbrake Retreat Center

P.O. Box 58, Belton, TX 76513 (254) 780-2436



“Benedictine Spirituality: Writing Your Own Rule of Life” Thursday Jan. 26, 9 a.m. - 2:30 p.m.

St. Benedict is considered the Father of Western monasticism. He was born in the 6th century and sometime later fled to the hills outside of Rome to live as a hermit. It was during this time that he wrote “The Rule of Benedict.” This rule or “guide” has been followed for over 1,500 years and is just as popular today. The rule is a guidepost, so to speak, giving us direction to live like Christ. We will explore parts of the rule and then begin our own process of writing our rule of life. The cost is \$30 and includes lunch. Beverly Collin will lead this day.

“Old and New Testament Dreams: What Do They Tell Us?” Saturday Feb. 18, 9 a.m. - 2:30 p.m.

God chose to communicate His will to the people of Israel through dreams or “visions of the night” in the Hebrew Scriptures. The use of dreams, as an instrument of Divine communication and the plan for human salvation, continued in the New Testament. We will take a look at these Scriptures and reflect on ways in which God speaks to us today. Jane Gutloff, a Catholic Chaplain with a Master’s of Divinity will present this day. Cost is \$30 and includes lunch.



Ash Wednesday Wednesday, February 22, 9 a.m. - 2:30 p.m.

To observe Lent is to confront the choices we have made. This day invites us to turn away from what prevents us from focusing on Jesus and basing our lives on him as the Way, the Truth and the Life. The day will include Liturgy with the distribution of ashes, quiet time for personal reflection and three presentations. The cost is \$30 and includes lunch.

Fireside Reflection “The Ultimate Gift” February 3-5

This weekend retreat will be based on a thought-provoking film entitled, “The Ultimate Gift.” During the retreat we will examine the different tasks or gifts that Jason’s grandfather asks him to explore, such as work, friends, money, gratitude and dreams. Each of these themes will also have a scripture quote to reflect on and pray with on your own.

Brian Egan, Beverly Collin and Fr. Angelo Bertini will facilitate the weekend. The cost is \$155 for a shared room and \$185 for a private room.

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